

ICPH & ICoFF 2026

YOKOHAMA

The 12th International Conference on
Polyphenols and Health, ICPH2026
&
The 9th International Conference on
Food Factors, ICoFF2026
“Joint Conference”

Second Announcement (Updated)

October 13 (Tue) – 17 (Sat), 2026

PACIFICO Yokohama (North)

Yokohama, JAPAN

ICPH2026 President

Naomi Osakabe (Shibaura Inst. Tech.)

ICoFF2026 President

Kaeko Murota (Osaka Metro. Univ.)



<https://smartconf.jp/content/icph-icoff2026/>

ICPH and ICoFF 2026 will be seamlessly held concurrently.
Welcome to “Joint Conference” !

Welcome to ICPH & ICoFF 2026!

We are delighted to invite you to ICPH & ICoFF 2026 (The 12th International Conference on Polyphenols and Health (ICPH), and the 9th International Conference on Food Factors (ICoFF)). The mission is to promote research into all aspects of basic and applied food and nutritional science.

The first ICPH conference was held in Vichy, France, in 2003 and has since been held every two years in different countries, becoming a center for international exchange on the health-promoting functions of polyphenols. Following the previous conference in Boston (USA), it will be held in Japan in 2026.

The first ICoFF was held in Hamamatsu in 1995 with the theme “Cancer Prevention by Food Components” and has since become a valuable international conference where food, medical, and pharmaceutical researchers meet to present research results on food factors related to bioregulatory functions. Having been held three times overseas in Korea, Taiwan, and China, this time it will be held in Yokohama in collaboration with the ICPH.

The present conference’s theme is “Food Augmentation; Function, Sensory and Experience,” which aims to expand the potential of food to the limit and open the future of food functionality research. The conference provides a unique opportunity for scientific exchange and networking between academia, industry and regulatory authorities, as well as young and experienced scientists and experts. Our organizing committee is currently working hard to prepare for the conference to be held at PACIFICO Yokohama in October 2026. We sincerely welcome your participation and look forward to spending time together in our wonderful city.



Naomi Osakabe
President
ICPH2026



Kaeko Murota
President
ICoFF2026

“Food Augmentation; Function, Sensory and Experience”

Focusing Area

Sources & Products

- Garlic
- Herbs and Spices
- Fermented Foods
- Fruits and Vegetables
- Marine Products
- Nuts
- Soy, Legumes and Grains
- Tea, Coffee and Cocoa
- Others

Research Areas

- Biomarkers, Analytical Methods and Omics Technologies
- Clinical Trials and Epidemiology
- Food Processing, Stability and Safety
- Health Promotion
- Lipid Quality
- Nutraceuticals
- Oils and Fats
- Probiotics and Prebiotics
- Taste, Olfaction and Sensory Properties
- Others

Functions

- AI and ML in Food Science
- Allergy and Immune Modulation
- Anti-aging
- Anti-Inflammation
- Antioxidant and Redox Regulation
- Autophagy and Hormesis
- Bioavailability and Metabolism
- Bone Health
- Brain Health and Cognitive Function
- Brain-gut-axis
- Cancer Chemoprevention
- Cardiovascular Health
- Chronobiology
- Exosome and microRNA
- Food Science in the Big Data Era
- Gastrointestinal Health and Diseases
- Gut Microbiota
- Metabolic Syndrome, Obesity and Diabetes
- Molecular Targets of Food Factors
- Muscle Atrophy and Locomotive Syndrome
- Nutritional Regulation of Epigenetics
- Skin Health
- Others



Program at a Glance

	Oct. 13 Tue	Oct. 14 Wed	Oct. 15 Thu	Oct. 16 Fri	Oct. 17 Sat
AM		Prenary Lecture Parallel Sessions Lunch Session	Prenary Lecture Parallel Sessions Lunch Session	Prenary Lecture Parallel Sessions Lunch Session	Prenary Lecture Parallel Sessions
PM		Parallel Sessions Keynote Lecture	Parallel Sessions Parallel Sessions	Parallel Sessions Parallel Sessions	
Evening	Opening Ceremony & Lecture Welcome Reception ICPH & ICoFF	Poster Viewing & Exhibition Poster Core	Poster Viewing & Exhibition Poster Core Banquet	Poster Viewing & Exhibition Poster Core Poster Removal	Closing Lecture & Ceremony

Overseas Invited Speakers

Rina Agstina
Chaniphun Butryee
Aedin Cassidy
Chris Gill
Claudine Manach
Sayuri Miyamoto
Mike Lange
Min-Hsiung Pan
Howard D. Sesso
Jeremy Spencer

University of Indonesia, Indonesia
Mahidol University, Thailand
Queen's University Belfast, UK
Ulster University, UK
INRA Clermont-Ferrand, France
University of São Paulo, Brazil
University of California, Berkeley, USA
National Taiwan University, Taiwan
Harvard Medical School, USA
University of Reading, UK

and more

See our website for the full list

Domestic Invited Speakers

Hitoshi Ashida
Mariko Uehara
Jun Ogawa
Hiroaki Oda
Hisanori Kato
Taiho Kambe
Jun Kunisawa
Hirofumi Tachibana
Yu Tahara
Yuji Naito
Kiyotaka Nakagawa

Mukogawa Women's Univ. & Former Kobe Univ., Japan
Tokyo Univ. Agric., Japan
Kyoto Univ., Japan
Nagoya Bunri Univ., Japan
Kagawa Nutrition Univ., Japan
Kyoto Univ., Japan
Natl Inst. Biomed. Innov., Health and Nutr., Japan
Kyushu Univ., Japan
Hiroshima Univ., Japan
Kyoto Pref. Univ. Med., Japan
Tohoku Univ., Japan

and more

See our website for the full list

Important Dates

Registration/abstract submission opens: Feb. 1, 2026
Abstract submission deadline: Apr. 30, 2026
Late abstract submission deadline: May 29, 2026
Early-bird registration deadline: Jun. 10, 2026
Regular registration deadline: Sep. 30, 2026



Registration Fee (includes fee for two conferences)

ICPH/ICoFF (Oct. 13 - 17)

Early-bird* Regular	80,000 JPY
Regular	100,000 JPY
Early-bird* Student	35,000 JPY
On-site	120,000 JPY

*Early-bird: Before June 10, 2026



Conference Website:

<https://smartconf.jp/content/icph-icoff2026/>

Chairs of the Organizing Committee

ICPH President	Naomi Osakabe (Shibaura Inst. Tech.)
ICoFF President	Kaeko Murota (Osaka Metro. Univ.)
Vice Presidents	Yoji Kato (Univ. Hyogo) Yoshimasa Nakamura (Okayama Univ.)
Secretary Generals	Takashi Hosono (Nihon Univ.) Hiroyuki Sakakibara (Kobe Univ.)
Finance Chair	Kyuichi Kawabata (Mukogawa Women's Univ.)
Fundraising Committee Chair	Tomoyuki Takagi (Kyoto Pref. Univ. Med.)
Fundraising Committee Vice-Chair	Tatsuya Sugawara (Kyoto Univ.)
Fundraising Committee Member	Kiyotaka Nakagawa (Tohoku Univ.)

Secretariat Information

ICPH & ICoFF 2026 YOKOHAMA Secretariat
c/o PCO Co., Ltd.
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Overseas Advisory Board Members

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Sue-Joan Chang
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Zigang Dong
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André Marette
Christine Morand
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Howard D. Sesso
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Gary Williamson
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Queen's University Belfast, UK
National Cheng Kung University, Taiwan
University of Western Australia, Australia
Laval University, Canada
Zhengzhou University, China
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Ulster University, UK
National Taiwan University, Taiwan
University of Reading, UK
INRAE Human Unit, France
Laval University, Canada
INRAE, France
Fujian Polytechnic Normal University, China
University of California, Davis, USA
Harvard Medical School, USA
University of Reading, UK
Seoul National University, South Korea
CSIC-CEBAS, Spain
National Chung Hsing University, Taiwan
Chung Shan Medical University, Taiwan
Queen's University Belfast, UK
Woosuk University, South Korea

and more See our website for the full list



Domestic Advisory Board Members

Hitoshi Ashida	Mukogawa Women's Univ., Japan
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Yasuki Matsumura	Kyoto Univ., Japan
Teruo Miyazawa	Tohoku Univ., Japan
Kazuo Miyashita	Hokkaido Bunkyo Univ., Japan
Misao Miwa	Sagami Women's Univ., Japan
Akira Murakami	Univ. Hyogo, Japan
Kazunaga Yazawa	Waseda Univ., Japan
Shizuo Yamada	Univ. Shizuoka, Japan
Mari Maeda-Yamamoto	Natl. Agric. Food Res. Org., Japan
Toshikazu Yoshikawa	Louis Pasteur Center Med. Res., Japan
Kumi Yoshida	Aichi Shukutoku Univ., Japan
Hiroshi Yoshida	Jikei Univ., Japan
Shaw Watanabe	Life Sci. Promot. Assoc., Japan

and more See our website for the full list



Welcome to Yokohama – Your Destination for the 2026 Joint International Conference

We are delighted to invite you to Yokohama, Japan, for our international conference in October 2026. The events will be held at **PACIFICO Yokohama**, one of Japan's largest and most advanced convention centers. Located in the heart of **Minato Mirai**, PACIFICO Yokohama offers state-of-the-art facilities with stunning waterfront views, ensuring a productive and inspiring experience.

Yokohama is Japan's second-largest city, home to over 3.7 million people. Just **30 minutes from Tokyo Haneda Airport** and about **90 minutes from Narita Airport**, the city is easily accessible for international travelers.

October in Yokohama brings a pleasant autumn climate, with temperatures averaging **15–20°C (59–68°F)**, making it a comfortable season to explore. The city is famous for its diverse cuisine, including fresh **sushi** and **seafood**, steaming bowls of **ramen**, and a variety of dishes in **Japan's largest Chinatown**.

Beyond the conferences, discover **Minato Mirai's futuristic skyline**, the **historic Red Brick Warehouse**, the serene **Sankeien Garden**, and the interactive **Cup Noodles Museum**. Whether you're here for professional exchange or cultural exploration, Yokohama offers an unforgettable experience.

We look forward to welcoming you to PACIFICO Yokohama in 2026!



How to Get to PACIFICO Yokohama

Easy access from the airports and Tokyo Station.

There are several ways to reach PACIFICO Yokohama:

- From Narita Airport: Approximately 90 min.
- From Haneda Airport : Approximately 30–40 min.
- From Tokyo Station : Approximately 30–40 min.

Please check the following website for access.



<https://www.pacifico.co.jp/english/access>