

ICPH & ICoFF 2026 Program at a Glance

		8:30		9:00		10:00		11:00		12:00		13:00		14:00		15:00		16:00		17:00		18:00		19:00	
Oct. 13 (Tue)	1F Foyer	Registration																							
	Main Hall	[OL] Opning Lectures/Ceremony																							
	Exhibition Hall	Welcome Reception																							
Oct. 14 (Wed)	1F Foyer	Registration																							
	Main Hall	[PL1] Plenary Lecture												[KL] Keynote Lectures											
	Poster & Exhibition Hall	Poster Mounting		Poster Viewing										Poster Viewing										Poster Session 1	
		Exhibition										Exhibition													
												Networking Lunch													
	Room A	Coffee Break	[SYA1] New Insights into the Bioavailability and Metabolism of Polyphenols				LS1: Pharma Foods International Co., Ltd.				[SYA2] Advancing Human Health through Polyphenols: Clinical and Epidemiological Evidence														
	Room B		[SYB1] Gastrointestinal Health and Diseases				LS 2: Royal Society of Chemistry				[SYB2] Biomarkers, Analytical Methods and Omics Technologies on Polyphenols														
	Room C		[SYC1] Immune Modulation: Potentials of Food Factors in Treatment of Allergy and Inflammation								[SYC2] Muscle and Bone Health														
	Room D		[SYD1*] Functional Polyphenol Metabolite								[SYD2] Taste, Olfaction and Sensory Properties														
	Room E		[SYE1] Bioprospecting and creation of nanoparticles as functional units in food								[SYE2] Cancer Chemoprevention														
Room F	[GSF1] General Session 1								[YSF2] YIA Session 1																
Room G	[SAG1] Student Award Session 1								[YSG2] YIA Session 2																
Oct. 15 (Thu)	1F Foyer	Registration																							
	Main Hall	[PL2] Plenary Lecture																							
	Poster & Exhibition Hall	Poster Viewing										Poster Viewing										Poster Session 2			
		Exhibition										Exhibition													
												Networking Lunch													
	Room A	Coffee Break	[SYA3*] The Polyphenol-Microbiota Axis: Recent Advances in Metabolism, Bioavailability, and Therapeutic Potential				LS3: Shimadzu Corporation				[SYA4*] Brain-Gut-Axis				[SYA5] Brain Health and Cognitive Function										
	Room B		[SYB3*] Functional Food Design for Personalized Health				LS4: BIW (Bio-intelligence for well-being) consortium				[SYB4] Antioxidant and Redox Regulation on Polyphenols				[SYB5] New Frontiers in Food-Gut Microbe Crosstalk and Health Outcomes										
	Room C		[SYC3] Antioxidant and Redox Regulation								[SYC4] Vitamins and Biofactors				[SYC5] Oils and Fats										
	Room D		[SYD3] Nutraceuticals (Vitamins and Minerals) in Health Management								[SYD4**] Advances in Dietary Bioactives: Polyphenols, Terpenoids, and Carotenoids				[SYD5**] Best Practices in (Poly)Phenol Research										
	Room E		[SYE3] Digestion, Absorption, Metabolism, and Bioavailability								[SYE4] Molecular Mechanisms Underlying the Functional Properties of Tea, Coffee, and Cocoa				[SYE5] Food Processing, Safety Management and Shelf-life										
Room F	[SYF3*] Cellular Senescence: Mechanism and Prevention								[SYF4*] Aging and Nutrition				[SYF5] Beyond Borders of Taste: Exploring the Role of Umami and Koku (Kokumi) in Japanese and Global Food Culture												
Room G	[SYG3*] Garlic and Health								[SAG4] Student Award Session 2				[SAG5] Students Award Session 3												
Oct. 16 (Fri)	1F Foyer	Registration																							
	Main Hall	[PL3] Plenary Lecture																							
	Poster & Exhibition Hall	Poster Viewing										Poster Session 3		Poster Viewing								Poster Removal			
		Exhibition										Exhibition													
	Room A	Coffee Break	[SYA6] <i>Danone Institute Symposium</i> The Trajectory of Aging Through The Microbial Lens: Harnessing the Microbiome for Lifelong Health				LS5: Meiji Co., Ltd				[SYA7] Clinical Trials and Epidemiology				[SYA8**] Metabolic Syndrome and Related Diseases										
	Room B		[SYB6] Nutritional Regulation of Epigenetics				LS 6: Kirin Holdings Company, Limited				[SYB7] Marine Bioactives for Health and Aging				[SYB8] Molecular Sensing of Food Factors: New Frontiers in Healthspan										
	Room C		[SYC6] Lipid Quality				LS 7: Wellness Research Institute				[SYC7**,#] Functions of Green Tea and Black Tea				[SYC8] Food Colloids, Physics and Chemistry										
	Room D		[SYD6] Precision Nutrition & Food Factors				LS 8: NIPPN CORPORATION				[SYD7] Bioactive Peptides				[SYD8] Molecules and Functions of Soy, Legumes and Grains										
	Room E		[SYE6] The Diverse Roles of Hormesis in the Mechanisms of Functional Expression of Food Factors								[YSE7] YIA Session 3														
Room F	[SYF6] AI and ML in Food Science								[GSF7] General Session 2				[GSF8] General Session 3												
Room G	[SYG6] Application of Advanced Methods to Clarify Causality																								
Room H	IUNS WS (group work)								IUNS WS (group work)				IUNS WS (group work)												
Room I	IUNS WS (group work)								IUNS WS (group work)				IUNS WS (group work)												
Oct. 17 (Sat)	1F Foyer	Registration										*Sponsored Symposia SYD1: MARUZEN PHARMACEUTICALS ltd. SYA3: Amway Japan G.K. SYB3: KAGOME CO., LTD. SYF3: Suntory Wellness Limited SYG3: Wakunaga Pharmaceutical Co., Ltd. SYA4: Mizkan Co., Ltd. SYF4: Suntory Wellness Limited **Co-organized Symposia SYD4: Japan Society of Nutrition and Food Science SYD5: UK Nutrition Society Special Interest Group on Phytochemicals and Health SYD7: Japanese Society of Catechinology SYC9: The Japanese Maillard Reaction Society SYD9: The IUNS Subcommittee of the Science Council of Japan #Supported Symposia SYC7: Tojuro Iijima Foundation for Food Science and Technology SYA8: Obesities (MDPI) SYD9: Mishima Kaiun Memorial Foundation													
	Main Hall	[PL4] Plenary Lecture						[CL] Closing Lecture/Ceremony																	
	Room A	Coffee Break	[SYA9] Biomarkers, Analytical Methods and Omics Technologies																						
	Room B		[SYB9] Molecular Targets and Mechanisms of Food Factors																						
	Room C		[SYC9**] The Science of Glycation: From Food Chemistry to Human Health and Disease: The Japanese Maillard Reaction Society																						
	Room D		[SYD9**,#] International Workshop for Early-Career Researchers to Explore the Present and Future of Healthy Diet and Nutrition																						
	Room E		[GSE9] General Session 4																						