

ICPH & ICoff 2026 Program at a Glance

As of Sep. 16

		8:30		9:00										10:00														11:00												12:00														13:00												14:00												15:00												16:00												17:00												18:00												19:00			
Oct. 13 (Tue)	1F Entrance	Registration																																																																																																																															
	Main Hall																																																																																																																																
	Exhibition																																																																																																																																
Oct. 14 (Wed)	1F Entrance	Registration																																																																																																																															
	Main Hall	[PL1] Plenary Lecture																																																																																																																															
	Exhibition	Poster Mounting																																																																																																																															
		Poster Viewing																																																																																																																															
		Exhibition																																																																																																																															
	Networking Lunch																																																																																																																																
	Room A	[SYA1] New Insights into the Bioavailability and Metabolism of Polyphenols																																																																																																																															
	Room B	[SYB1] Gastrointestinal Health and Diseases																																																																																																																															
	Room C	[SYC1] Immune Modulation: Potentials of Food Factors in Treatment of Allergy and Inflammation																																																																																																																															
	Room D	[SYD1*] Functional Polyphenol Metabolite																																																																																																																															
Room E	[SYE1] Bioprospecting and creation of nanoparticles as functional units in food																																																																																																																																
Room F	[GSF1] General Session 1																																																																																																																																
Room G	[SAG1] Student Award Session 1																																																																																																																																
Oct. 15 (Thu)	1F Entrance	Registration																																																																																																																															
	Main Hall	[PL2] Plenary Lecture																																																																																																																															
	Exhibition	Poster Viewing																																																																																																																															
		Exhibition																																																																																																																															
		Networking Lunch																																																																																																																															
	Room A	[SYA3*] The Polyphenol-Microbiota Axis: Recent Advances in Metabolism, Bioavailability, and Therapeutic Potential																																																																																																																															
	Room B	[SYB3*] Functional Food Design for Personalized Health																																																																																																																															
	Room C	[SYC3] Antioxidant and Redox Regulation																																																																																																																															
	Room D	[SYD3] Nutraceuticals (Vitamins and Minerals) in Health Management																																																																																																																															
	Room E	[SYE3] Digestion, Absorption, Metabolism, and Bioavailability																																																																																																																															
Room F	[SYF3*] Cellular Senescence: Mechanism and Prevention																																																																																																																																
Room G	[SYG3*] Garlic and Health																																																																																																																																
Oct. 16 (Fri)	1F Entrance	Registration																																																																																																																															
	Main Hall	[PL3] Plenary Lecture																																																																																																																															
	Exhibition	Poster Viewing																																																																																																																															
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	Room A	[SYA6**] The Trajectory of Aging Through The Microbial Lens: Harnessing the microbiome for lifelong health																																																																																																																															
	Room B	[SYB6] Nutritional Regulation of Epigenetics																																																																																																																															
	Room C	[SYC6] Lipid Quality																																																																																																																															
	Room D	[SYD6] Precision Nutrition & Food Factors																																																																																																																															
	Room E	[SYE6] The Diverse Roles of Hormesis in the Mechanisms of Functional Expression of Food Factors																																																																																																																															
	Room F	[SYF6] AI and ML in Food Science																																																																																																																															
	Room G	[SYG6] Application of Advanced Methods to Clarify Causality																																																																																																																															
Room H	IUNS WS (group work)																																																																																																																																
Room I	IUNS WS (group work)																																																																																																																																
Oct. 17 (Sat)	1F Entrance	Registration																																																																																																																															
	Main Hall	[PL4] Plenary Lecture																																																																																																																															
	Room A	[SYA9] Biomarkers, Analytical Methods and Omics Technologies																																																																																																																															
	Room B	[SYB9] Molecular Targets and Mechanisms of Food Factors																																																																																																																															
	Room C	[SYC9**] The Science of Glycation: From Food Chemistry to Human Health and Disease: The Japanese Maillard Reaction Society																																																																																																																															
	Room D	[SYD9**,#] International Workshop for Early-Career Researchers to Explore the Present and Future of Healthy Diet and Nutrition																																																																																																																															
	Room E	[GSE9] General Session 4																																																																																																																															